

A large red handprint graphic with a thick black outline, positioned on the left side of the page. The text "SECRETS CAN HURT" is written across the palm of the hand in a white, hand-drawn font.

SECRETS
CAN HURT

Lesson Plan
on Child
Abuse for
Grades 4-6



What should Be Done?

Your teacher will have you break into groups of three or four. Each group will be given an "Abuse Situation" card. With your group, you should read the card and discuss what happened, what could have been done differently, and what should be done as a result of the incident. You will have about 15-20 minutes to read the card and discuss the situation. Once all of the groups have finished, you will reconvene with the class and discuss the activity.

Abuse Situations

Trevor's mom dropped him off at his uncle's house while she went to an appointment. Trevor's uncle got mad at him and called him some very degrading names.
What should Trevor do?

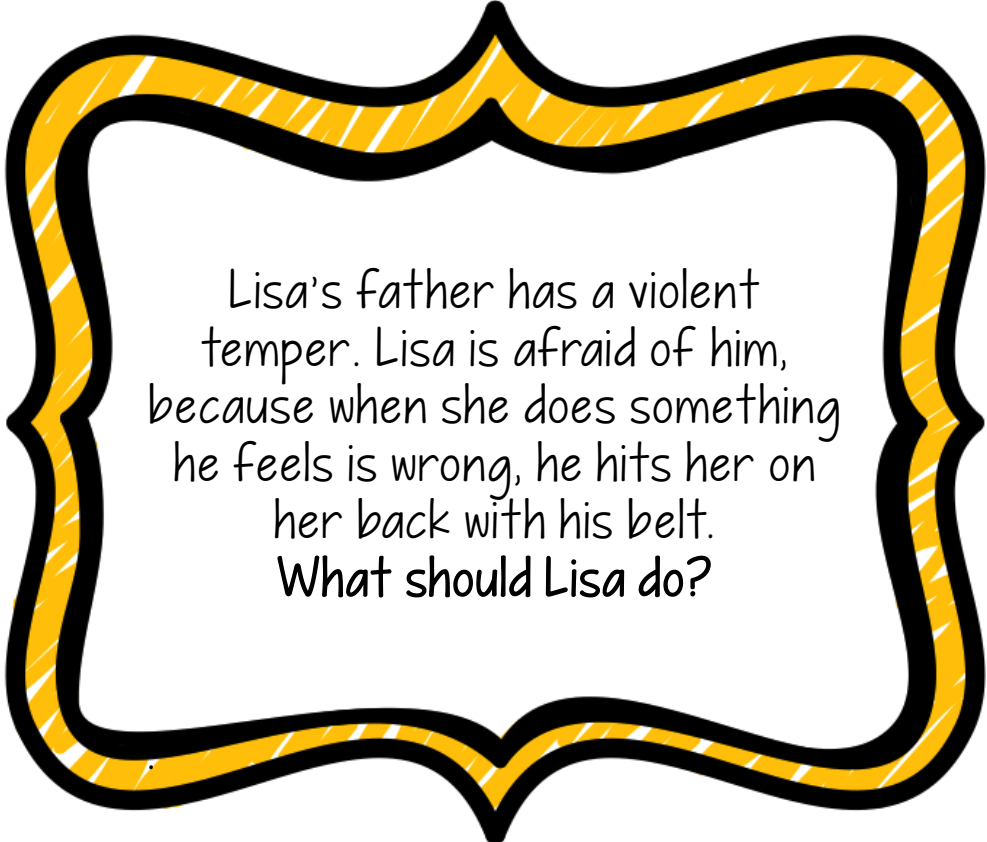
Kaitlyn takes a swim class at the local YMCA. One day after class, Kaitlyn's teacher intentionally touches her in an area that is covered by her bathing suit.
What should Kaitlyn do?

Abuse Situations

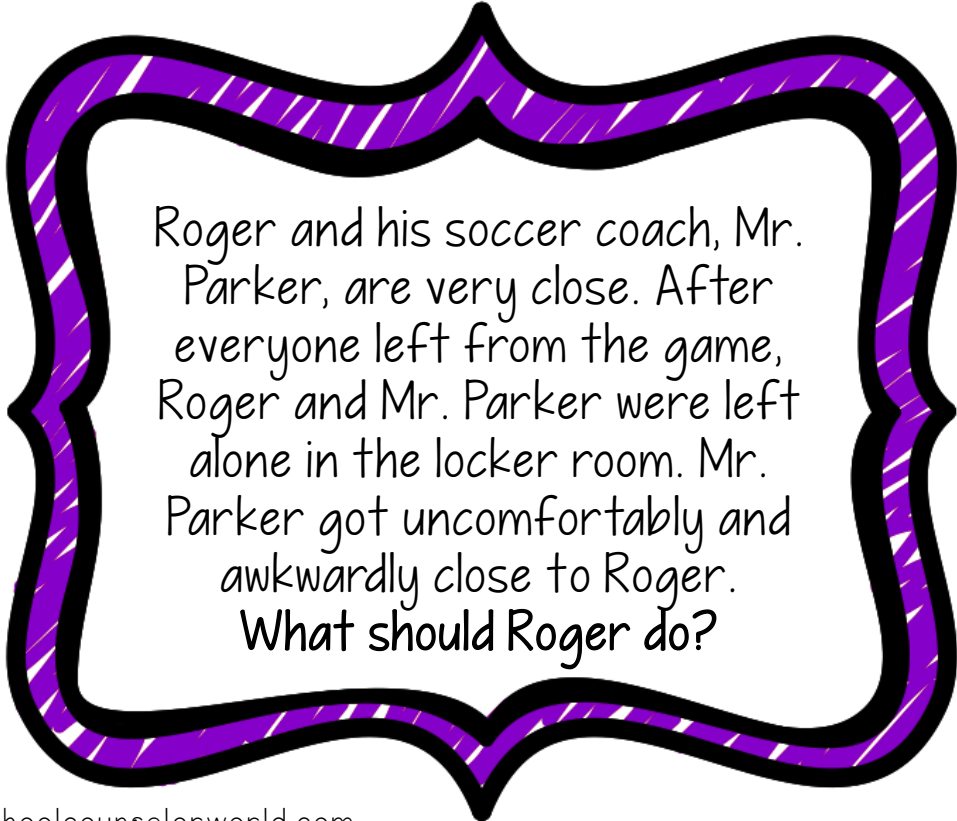
Suzie's mom gets angry very fast. One day, Suzie knocked over her mom's favorite vase and it broke. Suzie's mom slaps her very hard against her face and hands. She also calls Suzie some bad names.
What should Suzie do?

Jeff's mom dropped him off at his friend's house while she went to an appointment. While Jeff was there, his friend's father hit his son so hard his friend had a hard time walking.
What should Jeff do?

Abuse Situations

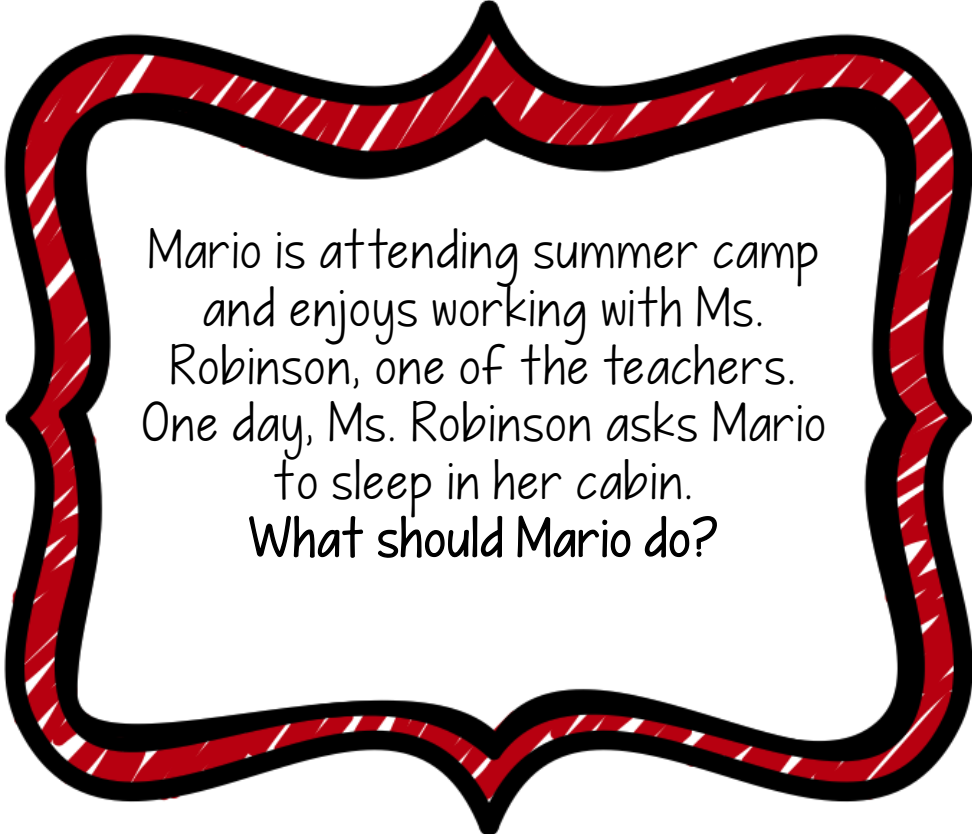
A decorative frame with a yellow background and black outline, featuring a scalloped, wavy border.

Lisa's father has a violent temper. Lisa is afraid of him, because when she does something he feels is wrong, he hits her on her back with his belt.
What should Lisa do?

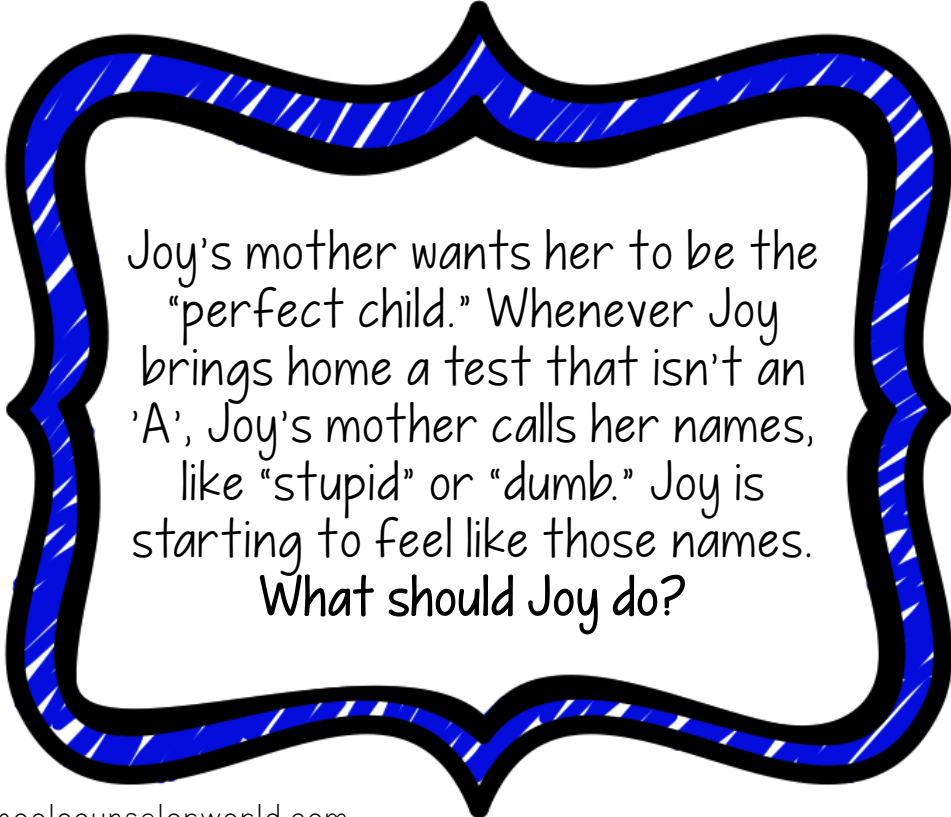
A decorative frame with a purple background and black outline, featuring a scalloped, wavy border.

Roger and his soccer coach, Mr. Parker, are very close. After everyone left from the game, Roger and Mr. Parker were left alone in the locker room. Mr. Parker got uncomfortably and awkwardly close to Roger.
What should Roger do?

Abuse Situations



Mario is attending summer camp and enjoys working with Ms. Robinson, one of the teachers. One day, Ms. Robinson asks Mario to sleep in her cabin. What should Mario do?



Joy's mother wants her to be the "perfect child." Whenever Joy brings home a test that isn't an 'A', Joy's mother calls her names, like "stupid" or "dumb." Joy is starting to feel like those names. What should Joy do?

Books About Child Abuse

Here is a list of books to help teach about child abuse awareness to your students.

Title Author	Grade Level (s)
<u>Do You Have A Secret?</u> <u>(Let's Talk About It!)</u> By: Jennifer Moore-Mallinos	1-4
<u>Your Body Belongs To You</u> By: Cornelia Maude Spelman	PreK-3
<u>Some Secrets Should Never Be Kept</u> By: Jayneen Sanders	PreK-5
<u>My Body Belongs to Me</u> By: Jill Starishevsky	PreK-3
<u>Catie the Caterpillar</u> By: Melanie Ellis Riley & Tracy M. Schamburg	PreK and up
<u>Bobby and Mande'e's Good Touch, Bad Touch: Children's Safety Book</u> By: Robert Kahn	PreK and up

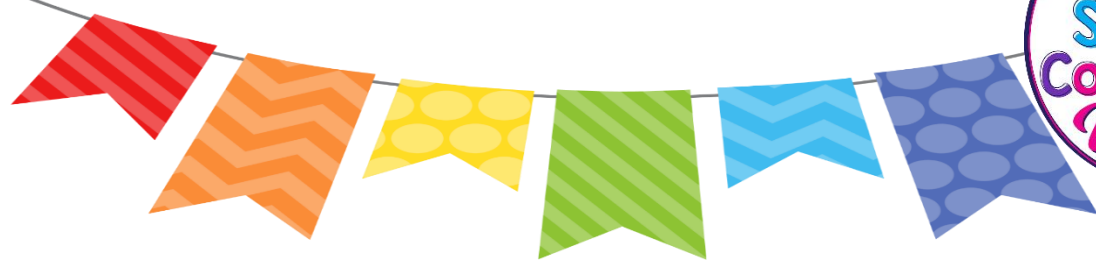
A Secret Difference

Name: _____

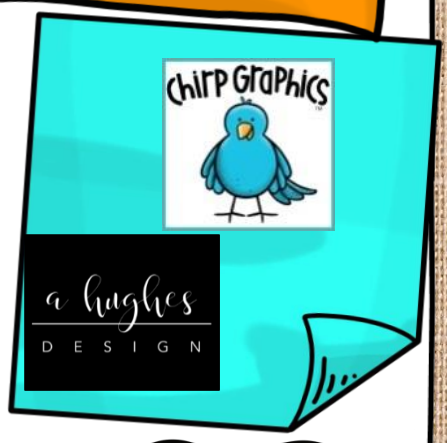
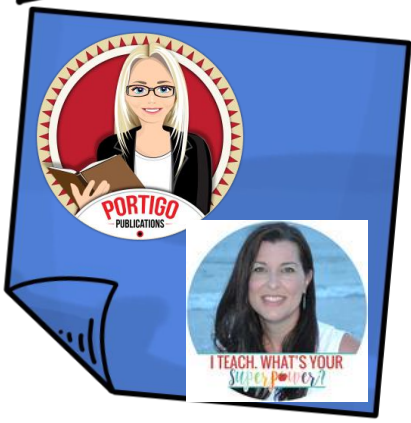
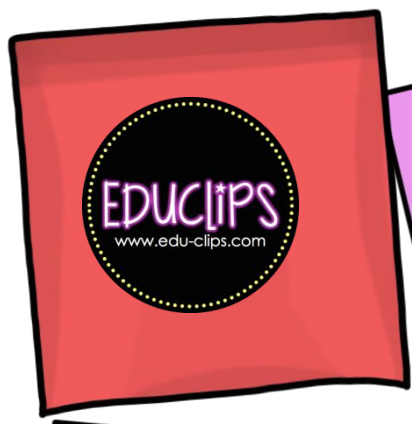
Write down an example of a secret it's okay to keep, and a secret that you should go and tell right away to a trusted adult.

THIS SECRET
I CAN KEEP
IF I WANT
TO:

THIS SECRET I
SHOULD TELL TO
A TRUSTED
ADULT RIGHT
AWAY:



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